

TOUR OF FLANDERS

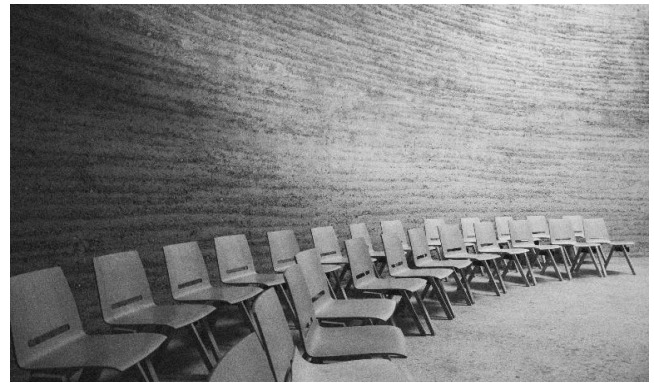
MENTAL WELLBEING 'a topic of Concern'

Tour Of Flanders (3 Credits)

During this module, we will take a closer look at mental health. The module consists of plenary lectures and interactive sessions. In addition, we will organize a 'day-out' where we will take a closer look at the evolution of mental healthcare in Flanders.

We zoom in on the necessary theoretical frameworks and practical skills. Therapeutic frameworks, interviewing skills, crisis management, clinical reasoning and acting, self-care as a caregiver,... are examples of group topics for discussion.

The classes will be organized digitally. Interaction and exchanging experiences with other international students is a must... because sharing experiences gives us a wider perspective!



Tour Of Flanders is a module about mental healthcare organized for all the incoming nursing and midwifery students from the association KU Leuven (Odisee, Thomas More, UCLL and VIVES).

A maximum of 20 participants are allowed: 16 incoming students + 4 Belgian students from association KU Leuven.