

design your future

Assignment Diversity in Care

International week OLF 2

Healthcare

Campus Roeselare and Kortrijk

Academic year 2022 - 2023



katholieke hogeschool
associatie KU Leuven

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Order

Diversity in Healthcare - International Week

Bachelor of Nursing - Programme Stage 2



If you assume too easily that you can look at things from someone else's point of view, you end up seeing them only from a variant of your own point of view. You are often told that you should step into someone else's shoes, but stepping into someone else's shoes is not the same as stepping into their mind. You should not just imagine how things would look to you from an unfamiliar point of view, but make an effort to really understand how they look to someone for whom the landscape is their home.

- Julian Baggini -

Sustainable development is development that meets the needs of the present without compromising the needs of future generations, both here and in other parts of the world.

UN Commission Brundtland from 1987.

1 Introduction

Those who thought they had to go abroad to sharpen their international competences are wrong. During the international week, you can get in touch with (international) speakers, who each in their own way share a certain experience or knowledge with you. This experience or knowledge will hopefully make you realise that the target group you will later be working with is very diverse. It takes a bit of 'cultural sensitivity' from each of you, to guarantee quality care.

International competences'... Qué? There are five international competences, namely personal growth, intercultural competence, language competence, international commitment and international professional knowledge. Each of these competences you will be able to sharpen by participating in the international week.

Situation within the training programme

Academic year	2022-2023
Training phase	2
OPO	Professional identity development 2
OLA	Diversity in healthcare
Learning outcomes	See ECTS sheet
Teachers Roeselare	Stefanie De Ceuninck, Ellen Vanhaverbeke, Elisa Vanryckeghem and Marlies Verstraete
Teachers Kortrijk	Fauve Buysschaert, John Callens, Giel Meersseman, Marieke Metzger, Annelies Vancaeyzeele, Nele Vandeputte, Anne-Lise Vuylsteke and Dries Wittevrongel

Characteristics

Cooperation	<p>An individual assignment is worked out by means of group discussions, among other things. The groups will be composed randomly. This way, you will get a first chance to work on your intercultural competences to the maximum.</p> <p>On the basis of the group discussions, you will gather as rich and diverse an input as possible.</p>	
Assessment	<p>Permanent evaluation (30%)</p> <p>Individual assignment (70%)</p>	
Deadline	Permanent evaluation	<p>During the two group discussions in the week of diversity.</p> <p>17/10/22 at 23:59 - via Toledo (mailbox quickscan)</p>
	Individual assignment	07/11/2022 at 23:59 via Toledo (Individual assignment)

ECTS

Preparation for the start of international week

Read the assignment carefully so that during the sessions you can also focus specifically on information that is needed for elaboration (see Toledo).

Please read the following information:

- Social vulnerability' OLF1, link to ICOMs and TOPOI.
- Organisation of health and welfare services' OLF2, link to SDGs.
- 'Welfare and health promotion' OLF 1, link to the SDGs.
- International Competences (ICOMs): <http://www.internationalecompetenties.be/> - Annex 1
- Sustainable Development Goals (SDGs): <http://www.un.org/sustainabledevelopment/>

!!! In preparation, please complete the quick scan "International Competences" (see Toledo)!!!

Anyone wishing to follow a specific (virtual) international week abroad should contact Mrs Vandeputte Nele (Kortrijk Campus) or Mrs Vanryckeghem Elisa (Roeselare Campus) before **30/09**.

2 During the international week

Group discussions

Throughout the international week, you sharpen your international competences (ICOMs) as a group. You will do this by interacting as a group through MS Teams. We expect every student to be actively present and to participate during these meetings. Please inform the supervising lecturer in case of absence.



It may be a good idea to take individual notes during the group discussions. This can be a help for your individual assignment.

Group discussion 1 - Thursday 13 October (online)

General explanation: 16h-16h30

Group 1: 16h30-17h + supplementary filling in of Quicksan & uploading via Toledo before **17/10/22 - 23h59**

Group 2: 17h-17h30 + additional filling in of Quicksan & uploading via Toledo before **17/10/22 - 23h59**

General explanation of the organisation of the international week and the assignment.

During this group session (Group 1 - Group 2), the first thing is to get to know each other. The SDGs and the ICOMs are the central topics of discussion.

Questions

1. Introduce yourself on the basis of one SDG of your choice. Give a valuable example of how this SDG comes up in your daily life. This can be within the training, professionally or privately.
2. To what extent do you see this international week as an added value: personally, within the training and within your future profession as a health professional, linked to the international competences ([ICOMs](#))- see Quick Scan.
3. Choose one SDG. In an ideal world, how would you tackle this SDG?

Group discussion 2 - Friday 21 October (online)

Group 1: 9.45-10.45

Group 2: 11.00-12.00

Questions

1. Introduce the sessions followed one by one and discuss per session how you can link the various SDGs to them. Do this by using an obvious and a less obvious example from the sessions.
2. Which SDGs were less covered? Can you link them to organisations outside the sessions you attended?
3. Illustrate your growth in international competences with the help of the Quick Scan.



Tip: if an international student is present in the group, you should explain to him/her about our health care system so that he/she also understands the differences or similarities.

Day out - 20 October 2022

For VIVES students: During the day out you will go on a trip to another city. There, you will do different activities, including visiting organisations that are actively working on the SDGs. During the day out, try to link the impressions you gain with the SDGs. This will be discussed during the group discussion on Friday.

For international students: You are going to look for an organisation in your own neighbourhood that is actively working on the SDGs. Link the organisation to the SDGs and motivate why you chose this organisation. We recommend that you contact or visit the organisation to discuss this. This contact and the link to the SDGs will be discussed during the group discussion on Friday.

3 After the international week**Individual assignment:**

For the individual assignment you work out a creative end product. The goal of this assignment is to come to an in-depth final product based on all relevant content throughout the international week. How you work this out is up to you. This can be done by means of a video, comic strip, digital poster, Prezi, etc. Creativity is encouraged and included in the assessment. Below are several questions that need to be addressed in the individual assignment.

Questions for the final product:

- Select four SDGs you would like to put in the picture. Please motivate your choice and explain how you interpret the chosen SDGs based on the input you received during the international week. Are you or are you not going to work on them yourself (privately, educationally, in your future profession)?
- Give two examples of how SDGs are addressed in your daily life. This can be both professionally and privately. What do you want to pay extra attention to in the future? Why and how will you make this concrete?
- Reflect thoroughly on your experiences of following the International Week. Make the link to the ICOMs. Where and how did you grow through this international week? The completed quick scan can be a tool for this.
- ICOM Intercultural Competences: Discuss cultural similarities and cultural differences with your frame of reference from the sessions and experiences of the international week. Go in-depth in your search for a multifaceted explanation for these similarities and differences.
- What did the sessions teach you about 'culturally sensitive care' and the application of the TOPOI model? What will you, as a future care provider, take with you to the work field in the context of these two aspects? Come up with concrete examples.



Tip: If you need clarification on this concept, be sure to check out the additional explanation on ICOMs at the bottom of this document.

Practical arrangements

- The final product must be able to be loaded digitally on Toledo.
- The final product must show that your international competences have been honed. Take the Quick Scan you submitted at the beginning of the week. E.g. by presenting the final product in another language (written or spoken) you prove that you have sharpened the ICOM 'language competence'.

4 Forms of evaluation

Continuous assessment: 30%

Within 'diversity in care' a lot of value is attached to optimal cooperation in a group. A smooth cooperation goes hand in hand with good preparation, making one's own contribution, a correct attitude, contributing to a good group atmosphere and communicating with the others in a constructive way. The above mentioned core values are assessed individually during the international week by the assigned teacher using the permanent evaluation form (see Toledo section Test/Assessment - permanent evaluation 30%).

Individual assignment: 70%

At the end of the international week, you will start working on the creative individual assignment.



Tip: Be sure to consult the two assessment forms on Toledo. This of both the permanent evaluation and the individual assignment. This way, you will immediately get an idea of the expectations 'during' and 'after' the international week.

1. LANGUAGE SKILLS	2. PERSONAL GROWTH	3. INTERCULTURAL COMPETENCES	4. INTERNATIONAL INVOLVEMENT	5. INTERNATIONAL EXPERTISE
1.1 WRITING A TEXT IN ANOTHER LANGUAGE	2.1 FUNCTIONING INDEPENDENTLY	3.1 CULTURAL SELF-KNOWLEDGE	4.1 ORIENTING ONESELF INTERNATIONALLY	5.1 BE ABLE TO PLACE YOUR DISCIPLINE IN AN INTERNATIONAL CONTEXT
1.2 SPEAKING A FOREIGN LANGUAGE	2.2 COOPERATION AND NETWORKING	3.2 CULTURAL FLEXIBILITY	4.2 FORMING YOUR OWN OPINION ON SOCIAL OR INTERNATIONAL ISSUES	5.2 SEE THE CULTURE-BOUND NATURE OF YOUR DISCIPLINE
1.3 UNDERSTAND SPOKEN TEXT IN A FOREIGN LANGUAGE	2.3 HAVE SELF-CONFIDENCE	3.3 CULTURAL RESILIENCE	4.3 EXPRESSING ONE'S OWN OPINION ON SOCIAL OR INTERNATIONAL ISSUES	5.3 HAVE KNOWLEDGE OF PROFESSIONAL PRACTICE IN OTHER COUNTRIES
1.4 UNDERSTAND A TEXT WRITTEN IN ANOTHER LANGUAGE	2.4 BEING FLEXIBLE	3.4 CULTURAL ADMISSIBILITY	4.4 DEMONSTRATING SOCIAL COMMITMENT	5.4 KNOW INTERNATIONAL ORGANISATIONS RELEVANT TO THE DISCIPLINE
1.5 USING LANGUAGE STRATEGIES	2.5 EXPLORING OTHER PERSPECTIVES	3.5 CULTURAL KNOWLEDGE		
	2.6 SHOWING CREATIVITY	3.6 CULTURAL RELATIONAL COMPETENCE		
	2.7 HAVE A CLEAR VISION OF THE FUTURE	3.7 CULTURAL COMMUNICATION COMPETENCE		
	2.8 COPING IN STRESSFUL SITUATIONS	3.8 CULTURAL CONFLICT MANAGEMENT		
		3.9 MULTI-PERSPECTIVE		

Appendix: ICOMs

LANGUAGE SKILLS	PERSONAL GROWTH	INTERCULTURAL COMPETENCES	INTERNATIONAL INVOLVEMENT	INTERNATIONAL EXPERTISE
1.1 WRITING A TEXT IN ANOTHER LANGUAGE	2.1 FUNCTIONING INDEPENDENTLY	3.1 CULTURAL SELF-KNOWLEDGE	4.1 ORIENTING ONESELF INTERNATIONALLY	5.1 BE ABLE TO PLACE YOUR DISCIPLINE IN AN INTERNATIONAL CONTEXT
1.2 SPEAKING A FOREIGN LANGUAGE	2.2 COOPERATION AND NETWORKING	3.2 CULTURAL FLEXIBILITY	4.2 FORMING YOUR OWN OPINION ON SOCIAL OR INTERNATIONAL ISSUES	5.2 SEE THE CULTURE-BOUND NATURE OF YOUR DISCIPLINE
1.3 UNDERSTAND SPOKEN TEXT IN A FOREIGN LANGUAGE	2.3 HAVE SELF-CONFIDENCE	3.3 CULTURAL RESILIENCE	4.3 EXPRESSING ONE'S OWN OPINION ON SOCIAL OR INTERNATIONAL ISSUES	5.3 HAVE KNOWLEDGE OF PROFESSIONAL PRACTICE IN OTHER COUNTRIES
1.4 UNDERSTAND A TEXT WRITTEN IN ANOTHER LANGUAGE	2.4 BEING FLEXIBLE	3.4 CULTURAL ADMISSIBILITY	4.4 DEMONSTRATING SOCIAL COMMITMENT	5.4 KNOW INTERNATIONAL ORGANISATIONS RELEVANT TO THE DISCIPLINE
1.5 USING LANGUAGE STRATEGIES	2.5 EXPLORING OTHER PERSPECTIVES	3.5 CULTURAL KNOWLEDGE		
	2.6 SHOWING CREATIVITY	3.6 CULTURAL RELATIONAL COMPETENCE		
	2.7 HAVE A CLEAR VISION OF THE FUTURE	3.7 CULTURAL COMMUNICATION COMPETENCE		
	2.8 COPING IN STRESSFUL SITUATIONS	3.8 CULTURAL CONFLICT MANAGEMENT		
		3.9 MULTI-PERSPECTIVE		

1. LANGUAGE SKILLS

1.1 writing a text in another language	You express yourself in writing in at least one language other than your mother tongue in such a way that you can produce a clear, detailed text on a wide range of subjects related to your field of study.
1.2 speaking a foreign language	You can understand longer speeches and lectures, spoken in at least one language other than your mother tongue and related to your field of study, and can present the main ideas of these.
1.3 understand spoken text in a foreign language	You can understand longer speeches and lectures, spoken in at least one language other than your mother tongue and related to your field of study, and can present the main ideas of these.
1.4 understand a text written in another language	You can understand texts written in at least one language other than your mother tongue and related to your field of study and can present their main ideas.
1.5 using language strategies	You can use standard expressions to maintain your turn to speak, help keep a conversation on a familiar topic going, generally compensate for deficiencies in your vocabulary and sentence structure by using descriptions, and generally correct errors and mistakes.

2. PERSONAL GROWTH

2.1 functioning independently	You carry out your tasks independently at work and/or during your internship
2.2 cooperation and networking	You easily connect with colleagues, clients and other stakeholders in work-related settings, can communicate clearly and function as part of a team.
2.3 have self-confidence	You dare to take responsibility and face challenges in your work or internship based on a realistic understanding of your own capabilities
2.4 being flexible	You deviate from your planning if necessary and respond to unexpected events
2.5 exploring other perspectives	You are open to alternative ideas and opinions, explore them and weigh the value of these perspectives.
2.6 showing creativity	You come up with innovative solutions to problems that arise during your work or internship
2.7 have a clear vision of the future	You have a clear picture of future study or work choices based on a realistic understanding of your own capabilities and interests

2.8 coping in stressful situations	In stressful work-related situations, you have sufficient bearing and coping skills to either maintain your professional conduct or seek appropriate support.
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3. INTERCULTURAL COMPETENCES

3.1 cultural self-knowledge	You have knowledge of your own reference framework and your own world view, and can relate this to other views.
3.2 cultural flexibility	You adapt your behaviour and communication style in intercultural situations when necessary, and explore behavioural alternatives.
3.3 cultural resilience	You deal constructively with the difficulties and negative feelings that can accompany intercultural encounters.
3.4 cultural admissibility	You listen to the other person's vision and expertise and also accept the relativity of your own vision and ideas.
3.5 cultural knowledge	You acquire knowledge about other cultures and apply this knowledge in an appropriate way with respect for the uniqueness of each individual person.
3.6 cultural relational competence	In intercultural situations, you build a working relationship with colleagues, clients and other stakeholders and contribute to an atmosphere of trust.
3.7 cultural communication competence	You examine the specific characteristics of your own communication style, remedy them if necessary and explore the other person's communication style.
3.8 cultural conflict management	You see intercultural conflicts as learning opportunities and are aware of your own conflict management style.
3.9 multiperspectivity	You approach and understand a situation, issue or problem from multiple cultural perspectives.

4. INTERNATIONAL INVOLVEMENT

4.1 orienting oneself internationally	You can place local events and practices in an international context by indicating the international consequences of local events and the influence of an international or European context on these local situations.
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4.2 forming your own opinion on social or international issues	You form well-founded opinions about international social and/or political issues.
4.3 Expressing one's own opinion on social or international issues	You formulate and communicate your opinion on international social and/or political issues in a clear and convincing manner.
4.4 demonstrating social commitment	You see how you personally can contribute in a positive way to society and the solution of international issues, and act accordingly (either individually or within the framework of a socially involved organisation).

5. INTERNATIONAL EXPERTISE

5.1 be able to place your discipline in an international context	You can indicate to what extent the professional practice in your home country and a concrete professional situation is influenced by international political and social developments.
5.2 see the culture-bound nature of your discipline	You can make explicit fundamental assumptions about the human or world view within your field of study and place these assumptions in a historical context.
5.3 have knowledge of professional practice in other countries	You can compare (elements of) the professional practice in your home country with (elements of) the professional practice in other countries.
5.4 know international organisations relevant to the discipline	You can make explicit the influence of international professional and interest organisations on professional practice in your home country.

Source: ICOMS : International Competences <http://www.internationalecompetenties.be/en/home/> & <http://www.internationalecompetenties.be/files/List%20of%20ICOMs%20%282%29.pdf>

Annex: SCREENING OF INTERNATIONAL COMPETENCIES

- Fill in **TRUE** and **THOROUGH** as a starting point when preparing for the international week.

Surname and first name :

International competences (for further explanation per item see also www.internationalecompetenties.be)

Quick scan: **colour in**

Not yet addressed to me	I am starting and growing here	I have already acquired this competence
Red	Orange	Green

1. LANGUAGE ENGLISH/FRENCH/...	
Understand	
Read	
Speaking	
Writing	
2. INTERCULTURAL COMPETENCES	
Cultural self-knowledge	
Cultural flexibility	
Cultural sensitivity	
Cultural relational competence	
Cultural communication competence	
Cultural conflict management	
Multiperspectivity (looking at things from different perspectives)	
3. GLOBAL COMMITMENT	
International orientation	
Opinion Polling	
Active community involvement	
Commitment to socially responsible organisations	
4. PERSONAL GROWTH	

Independence	
Social and communication skills	
Self-confidence	
Flexibility	
Openness	
Creativity	
Clear picture of the future	
Emotional stability	
5. INTERNATIONAL EXPERTISE	
Be able to place subject matter in an international context	
Seeing the culture-bound nature of his discipline	
Knowledge of professional practice in other countries	