

招生宣传册

Enrollment Guide

1. 护理学院简介

1. Introduction to School of Nursing

杭州师范大学是国内最早开设专门化护理教育的学校之一。护理学院的办学历史可以追溯至 1917 年的浙江广济护士学堂，曾先后承担世界卫生组织（WHO）的中国护理教育改革项目和联合国计划开发署（UNDP）的护理发展师资培训项目。

Hangzhou Normal University is one of the oldest universities in China which set up nursing program. The history of Nursing School can be traced back to Zhejiang Guangji Nursing School established in 1917. Nursing School has successively undertaken China nursing education reform program authorized by the World Health Organization (WHO), and nursing development teacher training program authorized by the United Nations Development Programme (UNDP).

护理学院于 2003 年开始全日制本科护理教育，2006 年获批硕士学位授予权，2016 年开始全日制本科留学生护理教育，2020 年开始全日制学术型硕士研究生留学生护理教育，现有 820 多名全日制本科生、190 多名全日制在读硕士研究生，以及 20 多名自马来西亚、赞比亚、尼日利亚等 7 个国家全日制本科在读国际本科和硕士留学生。

Nursing School started the nursing program for undergraduate students in 2003, obtained the master degree granting in 2006, and began the nursing program for undergraduate international students in 2016, and initiated master program for undergraduate international students in 2020. At present, there are over 820 full-time undergraduate students, about 190 full-time postgraduate students, and more than 20 full-time undergraduate and postgraduate international students from 7 countries, such as USA, Zambia and Nigeria.

百年来，护理学院始终以培养高质量的护理人才为使命，优秀校友遍布全国各地。毕业生中有国际南丁格尔奖获得者张水华，有中央首长的保健护士俞雅莉。目前有数百位护理校友在浙江特别是杭州各大医院担任护士长、护理部主任等重要职位，为“健康杭州”、“健康浙江”乃至“健康中国”贡献力量。

For over one hundred years, Nursing School has fulfilled the mission of cultivating high-quality nursing personnel. Outstanding alumni are distributed all over the country. Excellent graduates include Zhang Shuihua as the winner of the International Nightingale Award, and Yu Yaju as the healthcare nurse of the central head. Now, hundreds of alumni hold the important post (like head nurse, and director of the nursing department) of hospitals in Zhejiang,

especially in Hangzhou, to make great contributions to “Healthy Hangzhou”, “Healthy Zhejiang” and even “Healthy China”.



Zhang Shuihu, the winner of the International Nightingale Award, and Yu Yaju, the healthcare nurse of the central head, on the Capping Ceremony of International Nurse Day at HNU



Excellent alumnae pass nurse cap to the international undergraduates

(1) 专业特色

(1) Major Features

护理学专业是国家级一流本科专业建设点、浙江省特色专业、一流专业，浙江省重点学科、一流学科 B 类。拥有省实验教学示范中心、省社区护士岗位培训中心、省老年服务与管理教育培训中心、省养老护理员实训中心、省护理人才培养基地等学生培养平台。**护理学专业排名全国第 33 名（软科 2023）。**

Nursing major is National Top Major, Zhejiang Featured Major, Top Major and Zhejiang Key Discipline, as well as the Top Discipline (Class B), having the provincial experimental teaching demonstration center, provincial community nurse training center, provincial elderly service & management education training center, provincial elderly nursing personnel training center, provincial nursing talent cultivation base, and other student cultivation platforms. **The nursing major ranks No. 33 in China (ARWU 2023).**

1998 年进入高等护理教育

Undergraduate Nursing Program in 1998

2004 年成为浙江省社区护士岗位培训中心挂靠单位

The Affiliated Institution of Zhejiang Community Nurse Training Center is in 2004

2006 年获得硕士学位授予权

Master Degree Granting in 2006

2009 年成立浙江省老年护理实训中心

Zhejiang Elderly Nursing Skill Training Center in 2009

2012 年被列为浙江省重点学科

Zhejiang Key Discipline in 2012

2015 年被评为浙江省一流学科

Zhejiang Top Discipline in 2015

2016 年开始全日制本科留学生护理教育

Full-time nursing program for undergraduate international students in 2016

2017 年被列为浙江省特色专业

Zhejiang Featured Major in 2017

2018 年获批教育部专业硕士学位授权点

professional Master Degree Granting in 2018

2019 年被列为浙江省一流专业

Zhejiang Top Major in 2019

2021 年获批国家级一流本科专业建设点

National Top Major in 2021



Simulation training for international undergraduates



International undergraduates group discussion in classroom



Clinical observation and practice with mentors



Bedside Clinical Mentoring for international undergraduates

(2) 师资队伍

(2) Faculty Team

护理学专业目前已形成具有国际教育背景且结构合理的国际化师资队伍。专任教师队伍中，超过 50%的教职员具有高级职称，超过 80%教师拥有博士学位，70%者具有 10 年以上的工作经验，近 80%者拥有在美国、英国、加拿大、澳大利亚、韩国、芬兰、新西兰等留学或者访学的经验。除了专职教职工队伍，护理专业同时在省内知名医院中建有一支实践经验丰富、具有本科及以上学历的兼职教师队伍。借助国际交流平台，护理专业也聘请了稳定的外教团队参与本科生课堂教学。

At present, Nursing School has formed an internationalized faculty team with international educational background. Among full-time teachers, more than 50% teachers obtain the senior professional title, over 70% teachers gain the doctor degree, above 95% have over 10 years nursing experience, and nearly 80% teachers have the overseas study or visiting scholar experience in the USA, UK, Canada, Australia , Korea, Finland and New Zealand. Besides the full-time faculty team, Nursing School sets up a part-time teacher team with abundant clinical experience and bachelor degree or above working in famous hospitals of Zhejiang province. Depending on the international exchange platform, Nursing School also has a foreign teacher team participating in the classroom teaching for undergraduate students.



International undergraduates with nursing faculty



Orientation session for international undergraduates



International undergraduates, Chinese undergraduates and clinical mentors



Foreign teacher participates in international undergraduates classroom teaching

(3) 国际合作

(3) International Cooperation

护理学专业积极构建符合国际标准的护理人才培养模式，推行国际化护理教学改革，培养护理师生的全球视野和国际交流能力。目前已与英国、美国、澳大利亚、德国、比利时、芬兰、新西兰、韩国等国家以及台湾和香港地区建立了学术交流关系，并与英国爱丁堡大学、美国波依西大学、美国霍普金斯大学、澳大利亚埃迪斯、科文大学、德国宝隆护理学院，以及比利时弗韦斯大学开展了本科生交流项目。其中，与英国爱丁堡大学开展的本科生交流项目，被批准成为国家留学基金会资助的优秀本科生交流项目。

Nursing School proactively establishes the nursing personnel cultivation model conforming to the international standard, promotes the international nursing teaching reform to cultivate the global vision and international communication ability of teachers and students. At present, Nursing School has established the academic exchange relationship with countries like UK, USA, Australia, Germany, Belgium, Finland, New Zealand and Korea, as well as Taiwan and Hong Kong, and launched the exchange program for undergraduate students with University of Edinburgh (UK), Boise University (USA), Johns Hopkins University (USA), Edith Cowan University (Australia), Paulun Nursing College (Germany), and Vives University (Belgium). The exchange program for undergraduate students launched with the University of Edinburgh (UK) is approved to be the excellent exchange program for undergraduate students supported by the national foundation for overseas study.



Exchange undergraduates at the University of Edinburgh



Cooperative agreement ceremony with the University of Central Lancashire



Exchange undergraduates at the Boise State University

(4) 中医特色课程

(4) Traditional Chinese Medicine Course

学院开设中医特色护理课程。作为中医的重要组成部分，“中医护理”理论与实践紧密结合。主要介绍中医基础理论和中医护理原理与方法。针灸、拔罐、推拿、刮痧是中医基本功的特点。这些技能实验不仅是中医护理基础学习的重要组成部分，也是整个护理教育不可缺少的组成部分。本课程不仅强调知识的实用性和实践性，注重理论知识的系统化，还介绍了现代护理的理念和理念，注重培养学生掌握中医护理的基本理论、基础知识和常用技能。

As an important part of traditional Chinese medicine, “Nursing Care with Traditional Chinese Medicine” is closely integrated with theory and practice. It introduces the Chinese medicine basic theory and the Chinese medicine nursing principle and the method. Acupuncture, cupping, massage and scraping are the characteristics of the basic skills of TCM. These skills experiments are not only an important part of the basic learning of TCM nursing, but also an indispensable part of the whole nursing education. This course not only emphasizes the practicality and practice of knowledge, pays attention to the systematization of theoretical knowledge, but also introduces the ideas and concepts of modern nursing, pay attention to train the students to master the basic theory, basic knowledge and common skills of TCM nursing.



International students with the teacher of traditional Chinese Medicine Nursing



Doing the cupping with fire-twiddling method



Mild moxibustion



Mobile cupping

2 护理学专业培养方案（留学生）

2 Nursing Program for International Undergraduates

(1) 培养目标

(1) Program Objectives

培养拥有国际化视野和整体健康观念，系统掌握医学基础知识，掌握护理学、人文学及其他相关学科的基础理论、基本知识和基本技能，具备初步的临床工作能力、教学能力、管理能力和科研能力，具备质量改进和患者安全防护意识，为患者提供基于循证的整体护理，并具有终身学习能力和良好职业素质，能在各类医疗卫生保健机构从事护理工作的专业人才。

Graduates will have an international perspective and overall health concept; systematically master the basic knowledge of medicine; master the basic theory, basic knowledge and basic skills of nursing, humanities and other related disciplines; have preliminary clinical work competence, teaching competence, management competence and research competence; have the awareness of quality improvement and patient safety protection as well as lifelong learning competence and sound professional quality and provide patients with evidence-based holistic care; become professionals who are competent in nursing work in various health care institutions.

(2) 专业基础平台课程和专业核心课程

(2) Fundamental Subject Platform Courses and Professional Core Courses

1) 专业基础平台课程

人体解剖学、组织胚胎学、护理心理学、护理学导论、免疫学基础与病原生物学、病理学、病理生理学、生理学、药理学、生物化学

1) Fundamental Subjects Platform Courses

Human anatomy; Histology and Embryology; Psychology Nursing; The introduction to Nursing; Immunological Basis and Pathogenic Biology; Pathology; Pathophysiology; Physiology; Pharmacology; Biochemistry.

2) 专业核心课程

护理学基础Ⅰ、护理学基础Ⅱ、健康评估、社区护理、内科护理Ⅰ、内科护理Ⅱ、外科护理Ⅰ、外科护理Ⅱ、儿科护理、精神护理、母婴护理、急救护理

2) Professional Core Courses

Fundamentals of Nursing I ; Fundamentals of Nursing II ; Health Assessment; Community Health Nursing; Medical Nursing I ; Medical Nursing II ; Surgical Nursing I ; Surgical Nursing II ; Nursing Care of Children; Mental Health Nursing; Maternal and Infant Care; Emergency Nursing.

(3) 学制、学位及学分要求

(3) The Requirements for Graduation

1) 学制：实行弹性学制，本科基本学制一般为4年，最长不超过6年；

1) Length of schooling: Implement the flexible length of schooling (the basic length of schooling for undergraduate students is 4 years, and the maximum cannot exceed 6 years);

2) 授予学位：护理学理学学士学位；

2) Academic degree awarded: Bachelor of Science in Nursing (BSN);

3) 本专业毕业最低学分要求：160分；

3) The Minimum Graduation Credits: 160.

4) 通过中国汉语水平考试（HSK）新四级考试：最低180分。

4) Pass Chinese proficiency test (HSK 4): minimum score 180.



The First International Nursing Graduates at Graduation Ceremony, 2020



International students' life and Recreation at Hangzhou Normal University

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